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Support survivors this
Mother's day

Help support the recovery journey of domestic abuse survivors by choosing to make a meaningful purchase on behalf of someone you want to celebrate this Mother's Day.

WMWA Newsletter, February 2024

We are pleased to share our February newsletter with you. This edition looks back on this month's achievements and forward to the events happening in March as we celebrate International Women's Day, Women's History Month and Mother's Day.

We are truly grateful for your continued support.

From the West Mercia Women's Aid Team!

Take the Leap: International Women's Day Event in Hereford

Join us for "Take the Leap," an empowering event celebrating International Women's Day. Hosted at the NMITE, Skylon Campus in Herefordshire on the 9th of March. The day will focus on inclusion, and be filled with inspiration and learning.

Don't miss your chance to celebrate the remarkable achievements of women while paving the way for a more inclusive future.

[Book your free ticket!](#)

Funding to support therapeutic services

We would like to say a huge thank you to EF Bulmer Trust, who granted funding to facilitate ongoing befriending, counselling, and coaching support for Herefordshire clients.

This service helps our clients in processing the impact of trauma and effectively managing their long-term mental health.

We are always so grateful to our supporters, to find out how you can help, visit our website.

[Support our work!](#)

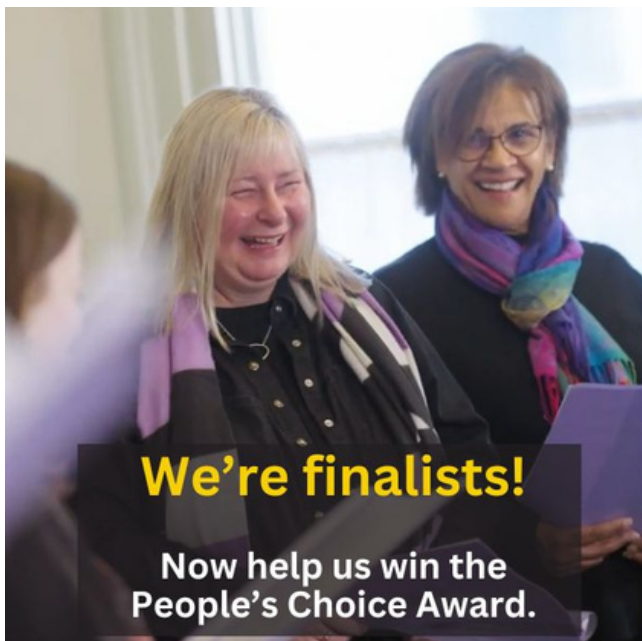


WMWA Choir film makes the finals!

We are so happy to announce that our short documentary film, sharing our choir's journey, has been listed as one of the finalists for the Smiley Charity Film Awards 2024! We couldn't have done it without the support of each and every person who voted.

Voting for the additional 'People's Choice Award' has now opened and closes at midnight 12th March - we need your support to be in with a chance of winning! Please help share our story and vote today.

[Vote now!](#)



Sign up to our training event for employers!

Last chance to sign up to our March training event! Run by WMWA's Training & Participation Officer, Diane Harding, our online training event will help employers understand the dynamics of domestic abuse, the associated impact on victims/survivors, what implications this has within the workplace, how to recognise and respond to disclosures and what support is available.

[Sign up today!](#)

Statistics: Domestic Abuse and the Workplace

Only
5%

of employers have a specific domestic abuse policy or guidelines in place.

56%

of employers said domestic abuse led to absenteeism.

54%

of employers said domestic abuse caused the quality of employees work to suffer.

Give the gift that gives back this

Mother's day



£5

Medical appointments are an opportunity to reach out for help. A gift of £5 will allow us to supply a Hospital or General Practice with informative materials to sign post to our service.



£10

£10 will pay for an hour of staff time on our Helpline, where we provide free and confidential support. Our Helpline is open 24/7 and is the gateway to the wide range of services provided by WMWA across the region.



£25

£25 will buy a welcome parcel for when women and their children arrive at refuge. Our refuge staff ensure that everyone staying with us has access to essential items including toiletries, bedding and pyjamas.

[Choose your gift!](#)

WEST MERCIA

WOMEN'S AID

* Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating as DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see www.easydonate.org