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Walk beside us

Join West Mercia Women's Aid's trek across the Malvern Hills to raise money for our services

WMWA Newsletter, January 2024

As we embark on a new year, we are pleased to share our January newsletter with you. The support of our community continues to drive positive change, and this edition highlights the impact and importance of our supporters.

We are truly grateful for your continued support.

From the West Mercia Women's Aid Team!



Trek the Malvern Hills!

Lace up your hiking boots and get ready to conquer the beautiful Malvern Hills while raising awareness of the support available to those impacted by domestic abuse.

We have partnered with Your Adventure Challenge to mark International Women's Day by taking part in this sponsored trek to help support our services.

We would love you to walk beside us.

[Find out more!](#)

A Christmas Story

Three days before Christmas Eve, a woman called our Helpline in need of support.

At a time when so many agencies were closed for Christmas, we are pleased that we were there – as we always intend to be - when we were needed most.

[Read the full article](#)



New resources to address oral health

In an initiative to enhance oral health awareness and support the community, the Local Public Health Coordinator, Victoria Major, has supplied West Mercia Women's Aid with resources through an oral health improvement grant. The grant, designed to address the oral health needs of the community, includes a variety of resources aimed at promoting dental care and hygiene.

[Read full article.](#)



Services secured in Herefordshire

We are pleased to announce that we have been contracted by Herefordshire Council to continue delivering our services in Herefordshire; including safe accommodation and community support.

Further funding has also been secured to continue our work with the Lived Experience Advisory Group (LEAG), through which we ensure that the voices of survivors are heard by decision-makers.

[Find out more about LEAG](#)



Thank you!

We raised a fantastic £750 through the gifts purchased in this year's Christmas campaign, this has allowed us to provide...

Tea, coffee and biscuits for 5 drop in sessions.

17 hours of staff time on our Helpine.

Travel for 7 women to ensure they are able to join our recovery group.

8 welcome packs for women and children when they arrive at our refuge.

15 sessions of talking therapy.



Your continued support is instrumental in ensuring our services thrive all year round. Visit our website to learn more about how you can support us throughout the year.



[Support our work!](#)

WEST MERCIA

WOMEN'S AID

* Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating as DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see www.easydonate.org